

# Welcome to SOLO

Solo offers a place where you can relax and unwind. A soothing escape from the everyday pressures and stresses of life.

Over the last 20 years we have offered the best of the best treatment and top of the range skin care products, making sure we stay ahead of the game.

We pride ourselves in delivering a wide range of treatments from luxury massages and facials to cutting-edge technology in body sculpting, fat reduction, hair removal and skin resurfacing.

At Solo we know that our clients are the most important part of the business and we will continue to do our upmost best to constantly educate all our therapists so we provide the highest standards.

<sup>\*</sup>Please note we require 24 hours cancellation notice or charges may apply. 'No shows' will be charged 100%.

We require a deposit on all treatments 60 minutes or over.

## Facial Treatments

## **DERMALOGICA PROSKIN 30**

Looking for a high impact treatment?

Our intensive 30-minute treatment is designed by our experts specifically for you and your most pressing skin concern. This bespoke service combines key steps of professional exfoliation and deep serum treatment with results-intensifying technology, such as Ultrasonic and Microcurrent, to provide you with visible results fast. Experience brighter and healthier skin.

30 mins £35.00

## **DERMALOGICA PROSKIN 60**

Want the best skin you've ever had?

Our ultimate 60-minute treatment is customised to target all your skin needs and to leave your skin radiant and glowing. It incorporates exfoliating Hydra Dermabrasion to improve texture and tone, LED light therapy to brighten and boost collagen production and highly advanced professional-grade actives for deep treatment. Experience dramatic results in a secluded and relaxing environment.

60 mins £55.00

## DERMALOGICA PROSKIN 90

Adding extra time to your Pro-Skin 60 allows your skin therapist to tailor this bespoke treatment even further, we can add advanced electrical treatments, such as CACI toning routine, radio frequency skin tightening or even just extra massage to truly relax and unwind and maximise results

90 mins £80.00

## ESPA FACIAL

Following skin analysis with our SkinVision lamp, naturally advanced spa skincare products rich in plant and marine extracts are selected according to your individual needs and used alongside tailored massage to deeply cleanse, exfoliate, purify and boost your complexion. This customised treatment is then completed with a divinely relaxing scalp massage.

55 mins £55.00

## ESPA BACK, FACE AND SCALP

This luxurious combination begins with a cleansing of the back, followed by exfoliation and a soothing back massage to ease away stress and tension.

A relaxed mind and body reflect in the skin's beauty and a hydrating and purifying facial together with a therapeutic scalp massage will compliment this radiance. The use of hot stones brings about total balance in the body, which aids the natural healing process.

90 mins £80.00

## **DERMAPLANING**

Dermaplaning is an effective facial exfoliating treatment. It has been used in conjunction with medical skin care for nearly the past two decades, helping to reveal healthier, radiant skin. On completion, your skin will be glowing. Treatment includes chemical peel, Dermalogica expert strength products & LED light treatment.

30 mins £45.00 60 mins £65.00

## MICRO-DERMABRASION

Our advanced dermabrasion technology is able to either remove just the superficial layers of dead cells or reach down to the living cells of the skin and the dermis. Treats acne scarred, prematurely aged, stretch marks, sun damaged or even brightens dull skin.

30 mins £45.00 60 mins £65.00

## MILLIA REMOVAL

Removal of small white spots.

Single session from £30.00

## ADVANCED THERMOLYSIS

Red Vein Therapy (Eliminates broken capillaries)

Single session £50.00 Skin Tags £50.00

## SKIN REJUVENATION

(Sun damage, acne, diffuse redness & rosacia)

Rejuvenates the skin using industry renowned light based technology, without the need for injections used in similar procedures. Leaving you looking younger and fresher with the skin feeling smoother by removing age spots, sun damage and diffused redness. Uneven pigmentation is also reduced.

Facial treatment £100.00
Course of 3 treatments £250.00

## FACIAL THREAD VEINS

The Ellipse operator guides the visible light from the flash-lamp to the blood vessels needing treatment. Blood contains haemoglobin that absorbs the light and converts it into heat. This heat destroys the protein in the wall of the thread vein. As a result the veins will gradually, and safely, disappear after treatment.

Single treatment £75.00

Course of 3 treatments £200.00

FACIAL TREATMENTS FACIAL TREATMENTS 5

## Facial Treatments

## LIPOFIRM FACIAL

An advanced non-surgical facelift using patented TriPollar radio frequency technology to stimulate and contour the face by producing natural collagen and elastin in the skin to tighten and tone to improve elasticity, reduce and soften the appearance of fine lines and wrinkles plus aid in reducing crow's feet and puffiness around the eye area. This anti-ageing facial is non-invasive providing rejuvenating skin results that will last for up 2 years. Your non surgical alternative to anti-wrinkle injectables.

Results should last several months, however, since the body continues to age and the ageing process cannot be stopped, it is recommended to undergo preventative treatments every few months in order to maintain the results.

Face & Jaw Line £65.00

## DERMALUX FACIAL

The Dermalux® multi award-winning facial is a pain free experience with a proven mood enhancing effect. Skin absorbs the energising light and kickstarts cell regeneration to restore radiance.

30 mins £35.00

\*Added to any other facial £10.00

## Plasma Lift by Crystal Clear

A proven technology, Plasma Lift is the perfect choice to treat ageing skin, a revolutionary system that improves photo damaged skin, bringing fresher, firmer, more youthful looking skin, improving fine lines and sun damage. It's the only treatment that has a proven record of generating new skin.

Plasma Lift works at and below the surface of the skin, to modify the skin's architecture generating new collagen and elastin fibres, giving clinical improvements in skin tone, texture and laxity which are seen immediately and continue long term.

It can be used to treat: sagging skin on the jowl, droopy eyelids, sun-damage on face, neck, décolletage and hands, fine lines and deeper wrinkles, improved skin tone and uneven texture, wrinkles around the mouth, active acne, acne scarring, large/open pores & stretch marks.

## Benefits include:

- Return to work the same day
- No thinning of the skin
- Allows the whole face and neck to be treated in a single session
- Fast treatment time
- One of the only ways to treat the eyelids without surgery
- Can be used over active acne with no risk of cross contamination, unlike most other treatments
- Non-invasive, no anaesthetic or scalpels needed
- Significant cost saving compared to surgical treatments

Face, Neck Décolleté	£700.00
Face & Neck	£550.00
Face	£450.00
Eye or Neck	£300.00

FACIAL TREATMENTS PLASMA LIFT BY CRYSTAL CLEAR

## <sup>c</sup> Plasma Pen target smaller areas

Plasma Pen is a advanced,non-invasive, skin lifting treatment used in a number of treatments to dramatically enhance looks without the need for surgery. It is used to treat, repair and lift almost any skin area, especially the face and neck. It is a highly versatile and lucrative procedure that is stunningly effective in wrinkle smoothing, eyelid tightening and eyelid hood reduction.

Designed to improve skin tone and texture; Plasma Pen successfully treats, repairs, rejuvenates and lifts ageing skin, spectacularly improves and brightens skin tone, laxity and texture, significantly tightens loose or sagging skin, dramatically reduces the appearance of lines and wrinkles and effectively reverses hyper-pigmentation, discolouration and photo-damaged skin.

Plasma Pen delivers a dramatically brighter, more contoured and more youthful appearance and the rapid results from our advanced, well-established and non-surgical Plasma Pen, blepharoplasty treatment and sublimation/fibroblasting technique and technology are absolutely stunning, virtually immediate and can last up to 3 years - all without suturing, scalpels, anaesthetic or costly and invasive surgery.

Upper eye lift (both eyes)	£250.00
Eye bags (both eyes)	£250.00
Upper and lower	£425.00
Brow lift	£200.00
Mouth lines	£200.00
Forehead lines from	£150.00

Neck and larger areas price will be given on consultation

## Skinpen micro-needling

Solo Beauty is proud to offer the only globally FDA approved micro-needling device (SkinPen Precision) which is clinically proven with visible results seen after one treatment. SkinPen Precision creates controlled micro injuries that stimulate the body's natural wound healing response which initiates the release of natural growth factors to improve collagen formation and cellular tissue. Collagen Induction Therapy assists in the rejuvenation of the epidermal integrity resulting in improved appearance of fine lines and wrinkles. SkinPen Precision can effectively remodel scar tissue whilst maintaining the overall structure of the skin. SkinPen can be used on all areas of the face and body and can treat a number of concerns.

There are three phases involved in the wound-healing process:

Phase I (Inflammation phase) – The piercing of the skin triggers a response in your immune system which disinfects the wounds, increases blood flow and initiates new tissue formation.

Phase II (Proliferation phase) – A new network of blood vessels develop in addition to wound rebuilding involving new granulation cells.

Phase II (Remodeling phase) – The wound is replaced with new blood vessels and Dermal tissues.

## WHO IS SUITABLE FOR SKINPEN TREATMENT?:

SkinPen Precision can help correct:

- Fine lines and wrinkles
- Acne scarring
- Melasma
- Rosacea
- Other scarring such as trauma or surgical
- Stretch marks
- Hyperpigmentation or irregular skin tone

WHAT DOES THE SKINPEN TREATMENT INVOLVE?

### PRIOR THE TREATMENT:

Topical anaesthetic will be applied for 20-30 minutes prior the treatment for additional comfort.

PLASMA PEN BY CRYSTAL CLEAR SKINPEN 9

### THE PROCEDURE:

The SkinPen is carefully glided across the area of concern using the Skinfuse LIFT HG (Allergy free from cytotoxic) to create hundreds of microscopic puncture wounds which stimulates the natural repair process and activates collagen and elastin production. Erythema should be visible with possible signs of blood spotting, this gives us indication that the depth is at its correct point in order to penetrate deep enough into the skin.

### POST TREATMENT:

You should avoid touching the area or applying any products onto the skin for 12 hours in order to prevent infection. Post treatment Skinfuse LIFT HG can be applied to help soothe the area. After 12 hours Skinfuse RESCUE Calming complex can be used to help support remodelling of the skin. The treatment area can be red and warm for 24 to 48 hours post treatment but most patients see a reduction in erythema after 24 hours of treatment.

1 Treatment	£170.00
Course of 3 treatments	£480.00
Course of 6 treatments	£900.00

## The Pyramid Lift

## MEDICAL MICRO-NEEDLING

VoluDerm provides a safe and effective penetration of the epidermis for controlled heating targeting deep dermis. This minimally invasive treatment uses fine micro-needles while applying radiofrequency to volumise the deep dermal layer. The micro-needles stimulate the body to naturally produce hyaluronic acid, new collagen and elastin.

Per session £170.00
Course of 3 treatments £450.00

## TRIFRACTIONAL SKIN RESURFACING

TriFractional radiofrequency energy rejuvenates the outer epidermis layer. This minimally invasive treatment creates triggers the body's natural healing response mechanism. Old and damaged skin cells are removed and the body produces new and healthy skin.

Per session £170.00
Course of 3 treatments £450.00

## TRI POLAR WITH DYNAMIC MUSCLE ACTIVATION (DMA)

The production of Collagen slows as we age; Radio Frequency Skin Tightening stimulates new Collagen production. The thermal process causes an immediate contraction of fibres, this contraction results in the production of new Collagen. This can visibly be seen after the treatment, resulting in smoother, firmer looking skin.

Per session £70.00

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## AlumierMD professional peels

AlumierMD Peel Treatments are the next generation of clinical exfoliation. With a variety of peels, each with a unique complex of ingredients, your AlumierMD professional can customise your program of treatments to target your specific skin concerns whether it be aging, pigmentation or acne. This unique experience includes an exfoliating peel treatment, brightening enhancement followed by prescriptive targets serums with reveal a more radiant, soft and luminous skin.

## RADIANT 20/10

Acne, hyperpigmentation, uneven skin tone, congestion, open pores & oiliness)

With lactic and salicylic acid, radiant 20/10 resurfacing peel contains a powerful combination of them both which improves skin tone and texture by exfoliating dead skin cells and speeding cell turnover. The multipurpose resurfacing peel reduces acne pimples and minimizes the appearance of fine lines and wrinkles, large pores, hyperpigmentation and sun damage.

£75.00

## RADIANT 30

(Hyperpigmentation, Uneven Skin tone, dull skin, line & wrinkles) Radiant 30 is an alpha hydroxy acid resurfacing peel containing lactic acid to exfoliate dead skin cells. Boost cell turnover and stimulate collagen, improving skin texture and tone. This multifunctional peel targets multiple skin conditions, including fine lines and wrinkles, discoloration, sun damage and large pores.

£75.00

## **GLOW PEEL**

(Dry, Normal, Oily, Dehydrated, Acne, Hyperpigmentation & Ageing)

Glow Peel combines lactic acid, salicylic acid and resorcinol, creating a multipurpose resurfacing solution effective in minimizing the appearance of fine lines, wrinkles and hyperpigmentation issues like age spots, discolouration and uneven skin tone. This formula exfoliates dead skin cells and stimulates cell renewal. To suit individual needs, Glow Peel can be customized by strength by numbers of layers.

£100.00

## THE PYRAMID FACELIFT

This skin treatment is designed to lift, smooth and firm the face, leaving you looking and feeling more youthful. It's effective, safe and the results are long-lasting - results are akin to a mini facelift without the scalpel!

This treatment is very good for old scarring or pitted skin.

Utilising the unique Divine Pro platform, the minimally invasive treatment combines the technologies of VoluDerm, TriFractional RF and TriPollar with DMA (Dvnamic Muscle Activation).

Please allow downtime for this treatment

This amazing treatment offers six benefits:

- Dermal volumising
- Skin resurfacing
- Skin tightening
- Skin rejuvenation
- Facial contouring
- Scarring improvements

Recommended to have 2-3 treatments for ultimate amazing results

Per session £225.00

Course of 3 treatments

THE PYRAMID LIFT ALUMIERMD

£599.00

# Massage & Body

## HOPI EAR CANDLES (EAR CLEANSING)

An ancient therapy used for relieving headaches depression, tinitus and sinus congestion, this treatment includes a lymph drainage pressure point massage.

30 mins £35.00

## SALT AND OIL SCRUB

This exceptional skin softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple. Perfect as a stand-alone treatment or in preparation for an ESPA Massage. For a lighter application Exfoliating Body Polish is applied instead of Salt & Oil Scrub.

30 mins £45.00

## STRENGTH & RESILIENCE MASSAGE

Transform mind & body, release muscular tension and rediscover a sense of wellbeing with this resilience boosting massage.

Inspired by the arduous migration of the painted lady butterfly, this revitalising massage uses aromatherapeutic oils, yogic stretches and deep muscle massage to boost your energy levels and support your immune system. You emerge stronger and more resilient, ready to face life's unexpected journeys.

Includes: Yogic stretching, reflex zone foot massage, back massage, sinus release – scalp massage

85 mins £85.00

## PERSONALISED BODY MASSAGE

Choose your pressure: gentle, medium, firm or deep tissue.

Choose your type:

Aromatherapy

A relaxing massage using a blend of individually chosen oils, your therapist will select from: Detoxifier, De-stresser, Muscle Relaxer, Jet-Lag Eliminator, Immune Booster, Energiser.

Swedish

Using traditional stimulating movements and a nourishing oil.

30 mins £40.00 60 mins £55.00

## Body Sculpting

## LIPOFIRM PRO

Lipofirm Pro is a Medical platform machine with clinical trials. Technology uniquely combines two technologies – TriLipo Radiofrequency (RF) and TriLipo Dynamic Muscle Activation (DMA). Working simultaneously using a single applicator, they create a synergistic effect that delivers non-invasive fat removal and lymphatic drainage, as well as skin tightening.

## Target areas include:

- Non Surgical Bum Lift (includes back of thigh area)
- Thigh area
- Stomach area
- Arms area
- Back/Flanks area
- Face, Neck & Chin area

## Lipofirm Pro can be used for:

- Focused Fat Reduction
- Cellulite, Stretch mark appearance improvement
- Long Term Circumferential Decrease
- Skin Tightening and Firming
- Facial Contouring
- Wrinkle Reduction
- Lifting, Toning and Firming of Muscles
- Detoxification and Improved Drainage
- Enhanced Blood Circulation and
- Oxvgenation
- TriLipo Triple fat reduction

Per area £75.00
Course of 6 £375.00

MASSAGE & BODY BODY SCULPTING 1

## Maternity Treatments

## MATERNITY PRE & POST NATAL TREATMENT

Target areas prone to stress and tension during pregnancy with this deeply nourishing body treatment. Gentle back exfoliation, if required, is followed by a soothing body massage specifically designed to suit your individual concerns, focusing on the areas needed to alleviate muscular aches whilst helping to relax, restore and revitalise

Treatment includes body exfoliation (if required), personalised body massage & scalp massage.

60 mins £55.00

## CACI Treatments

## CACL NON-SURGICAL FACE LIFT

Renowned face lift favoured by celebrity clients to re-educate and lift facial muscles, reducing lines & wrinkles whilst toning sagging muscle and skin, producing immediate & dramatic results.

60 mins £55.00
Course of 10 treatments £480.00

## CACI JOWL LIFT

The Caci Jowl Lift facial has been developed to specifically target muscle laxity around the jawline.

The Caci Jowl lift facial uses new Quad Probe applicators designed to double the lifting action of the Caci treatment system thereby enhancing results and reducing treatment time.

The Caci Jowl lift treatment is completely painless, although some clients may experience a slight tingling sensation or metallic taste, which is perfectly normal.

30 mins £40.00 Course of 10 treatments £350.00

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## CACI JOWL LIFT ULTIMATE

The most advanced non surgical system, recently featured on 10 Years Younger and voted number 1 anti aging treatment.

An advanced combination of face lifting, wrinkle revolution, hydratone, dermabrasion & LED light therapy. Caci Ultimate is suitable for both men & women and has dramatic results, helping you to look younger.

It is not surprising that this treatment has gathered a celebrity following, with superstar names such as Jennifer Lopez, Madonna, Barbara Windsor, Lisa Snowden & more all taking advantage of the benefits of Caci.

90 mins £80.00 Course of 10 treatments £700.00 Maintenance treatment £70.00

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## Brows & Lashes

HD BROWS £25.00

HD Brows is a seven step eyebrow shaping treatment that focuses on design. It involves a combination of techniques including tinting, waxing and threading using specialist HD Brows products to create the perfect brow for your face shape.

LASH LIFT £49.00

LVL treatments are natural and gentle on the lashes. There's no curl, no frizz...just voluminous lashes. Lasts up to 6 weeks.

EXPRESS LASHES £45.00

Lash Perfect Express, apply, remove and replace application enables you to have longer, fuller and thicker lashes in only 30 minutes. These lashes can not be filled.

## CLASSIC LASH EXTENSIONS

Lash Perfect individual eyelash extensions are semi permanent and can last up to 8-12 weeks. To keep your lashes at their very best, we recommend infill maintenance every 2-3 weeks.

Full Set	£80.00
30 min Infills	£30.00
60 min Infills	£45.00

## **RUSSIAN LASHES**

The Russian Layering Technique applies 3 lashes to each of your individual lashes. This multi-lash technique involves adhering synthetic, ultra-fine lashes onto a single natural lash. We recommend infill maintenance every 2-3 weeks.

Full Set	£80.00
30 min Infills	£30.00
60 min Infills	£45.00
70 min Infills	£55.00

## EYE TREATMENTS

Brow Wax	£11.50
Lash Tint	£10.00
Brow Tint	£5.00
Brow Wax & Brow Tint	£16.00
Lash and Brow Tint & Eyebrow Wax	£25.00
Strip Lashes (including application)	£15.00
Lash Removal	£20.00
LAMINATION BROWS	£35.00

A new trend to straighten brows and sculpt them into a new position and desired shape. Lasts up to 6 weeks.

SEMI PERMANENT MAKE UP BY KERRY	—
HAIRSTROKE BROWS/MICROBLADING	£275.00
POWDER BROWS	£275.00
MINI TOP UP Less than 6 months	£85
COLOUR BOOST 12-24 months	£150.00
EYELASH ENHANCEMENT	£225.00
Discreet pigment on your lashline to make the lashes look thicker.	
LIP BLUSH	£275.00
Banish pale lips and add fullness.	
BOTCHED INK Semi permanent make-up removal	from £125

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## : Waxing & Makeup

## LYCON INTIMATE WAXING

Join the waxing revolution! Lycon wax is a popular choice amongst celebrities & models. It can remove stubborn hair as short as 1mm resulting in the smoothest finish. Renowned for the least painful and most effective wax method available.

Bikini line	£25.00
Initimate wax	£40.00

## WARM WAX

Half leg (including toes)	£25.00
Full leg (including toes)	£40.00
Back or chest	from £40.00
Forearm	£20.00
Full leg inc standard bikini	£50.00
Under arm	£10.00
Eyebrows	£12.00
Lip	£5.00
Chin	£10.00

## **MAKEUP**

Full application (including strip lashes)	£45.00
Strip lashes (including purchase & application)	£15.00

Weddings, birthday or just a girls night out? You are welcome to bring your own wine or prosecco! Call out charge is **local** call out from £40 and per therapist, must be **at least 6 clients** requiring full application. **Out of area** call out from £60 per therap

## ST. TROPEZ SPRAY TAN

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## Hands & Feet

## OPI PRO SPA MANICURES & PEDICURES

All including colour	
File & polish	£15.00
Gel polish inc. file & cuticle work	£25.00
Gel fingers & toes	£40.00
Gel soak off inc. mini manicure	£20.00
Gel under 10	£15.00
Gel soak when re-applying	£5.00
Luxury mini manicure inc. colour	£40.00
Luxury mini pedicure inc. colour	£40.00
Express manicure	£30.00

## NAIL EXTENSIONS

All including colour	
New set	£47.00
2-3 week infills	£39.00
Over 3 week infills	£45.00
Nail repair	£5.00
Removal inc. mini manicure	£25.00
Removal when re-applying	£10.00
Natural nail overlay inc. gel polish	£40.00
Pink & white acrylic	£50.00

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## FIPL Laser Hair Removal

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	Per session
Upper lip	£65.00
Chin	£65.00
Lip & chin	£80.00
Sides of face	£75.00
Neck	£80.00
Eye brows	£45.00
Under arms	£80.00
Bikini classic	£80.00
Bikini extended	£95.00
Hollywood	£100.00
Half arms	£100.00
Full arms	£200.00
Navel	£50.00
Lower legs	£180.00
Upper leg	£180.00
Full legs	£250.00
Buttocks	£100.00
Hands/feet/toes	£45.00
Back	£250.00

Patch test & consultation required

## **Cancellation Policy:**

Please can you give us at least 24hrs for cancellations.
'No shows' will be charged 100%. Vouchers are non transferable.

